## Non-medical Home Care from a Nonprofit You Trust

As a nonprofit, Unity is dedicated to transforming the way we experience aging throughout Northeast Wisconsin. Care Companions recognizes that most people wish to live independently in their home and offers a wide range of personalized services to meet their ever-changing needs. You choose only the services you want and how frequently you wish to receive assistance. Our caregivers are carefully matched with your needs and backed by the resources of Unity, the region's most trusted name in compassionate and dignified care since 1977.

## **Care Companions Services**



Personal Assistance

- Bathing tasks, grooming, hygiene, and dressing
- Walking, sitting, standing, and transferring
- Toileting and incontinence care
- Morning wake-up and evening tuck-in
- Medication reminders
- Daily exercise
- Mobility and range of motion



Housekeeping Tasks

- Balanced meal preparation and clean-up
- Grocery list preparation, shopping, and pick-up
- Checking food expirations
- Light housekeeping
- Changing linens
- Washing laundry, ironing, and folding clothes
- Pet care (litterbox, feeding, brushing, walks)



Outdoor Activities

- Taking walks
- Outdoor outings
- Bringing in mail and newspapers
- Gardening
- Taking out garbage/recycling

*Please ask if there are other services we can provide to meet your needs.* 



## Companionship

- Conversation and professional companionship
- Lead activities that bring joy, provide mental stimulation, and encourage physical and emotional wellbeing
- Coordinate social functions and visits
- Assist with letter writing and mail
- Communicating with family



## **Specialty Services**

- Short-term respite care relief for primary caregiver responsibilities
- Home safety check including assessment of lighting, handrails, stairs, floors, smoke detectors, appliances and more to identify ways to improve home safety
- Individualized cognitive-support for those living with Alzheimer's, dementia, or other cognitive challenges, ensuring consideration of personal life history, routines, and preferences
- Access to ClearCare Family Room, Unity's online communication portal which enables you and any designated individuals you choose, to view your visit records, track billing statements, enter payments and easily connect with Care Companions caregivers



920.338.1111 or 800.990.9249

www.UnityHospice.org/CareCompanions

