# Together

Because each person grieves in his or her own way, Unity offers services designed to meet your unique needs. Contact us today for more information

920.338.1111 or 800.990.9249 WWW.UNITYHOSPICE.ORG

### Why Choose Unity?

- 24/7 nurse access
- Visit frequency tailored to your needs
- Prompt pain and symptom control due to local staff
- Doorstep Meds
- Compassionate Touch®
- Telephone Tuck-in
- Veteran to Veteran Volunteer Companion program
- High patient and family satisfaction
- Only provider of inpatient hospice at partner hospitals for continuity of care
- Only community grief program for children and families
- Wisconsin's first and most experienced hospice program
- Wisconsin's first team-based care program for those with advanced illness
- The region's first inpatient hospice facility

#### **PROUDLY SERVING 13 COUNTIES**



#### THE NONPROFIT ADVANTAGE

Research shows nonprofit hospices provide wider range of services for patients and families, a more comprehensive bereavement program, broader financial assistance and employ more professionalized staff with higher staff to patient ratios.\*

\* Source: National Hospice Survey Results: For-Profit Status, Community Engagement and Service, JAMA Internal Medicine, April 2014.



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Strength at Your Side

## 2019 Grief Support Programs



A caring nonprofit partnership of Bellin Health, HSHS St. Mary's Hospital Medical Center and HSHS St. Vincent Hospital

## Stronger

Grief, a natural and normal response to the death of a loved one, is a journey you do not need to take alone. Unity's grief programs support the family and friends of Unity patients, as well as all members of the community. Experienced grief counselors and trained volunteers create a safe haven to learn about grief, share experiences and find hope. Generous donations allow Unity to offer compassionate grief support at no charge.

### Navigating Grief

Navigating Grief is a 5-week adult support group open to any person who has experienced a death. The group provides discussion opportunities on topics which include reactions to grief, memories, coping and adjusting, self-care and finding hope.

#### Tuesdays

Unity Office, 2366 Oak Ridge Circle, De Pere

#### 2019 SCHEDULE

Afternoon 1:30-3	Evening 6-7:30
Jan 29-Feb 26	Feb 12-Mar 12
Mar 12-Apr 9	Apr 2-Apr 30
Apr 30-May 28	May 21-June 18
June 18-July 16	July 9-Aug 6
Aug 6-Sept 3	Aug 20-Sept 17
Sept 24-Oct 22	Oct 1-Oct 29

### Hope and the Holidays

Hope and the Holidays is a 5 week adult support group open to any person who has experienced a death. The group provides discussion opportunities on topics which include grief around the holidays, traditions, self-care and finding hope.

#### Tuesdays

Unity Office, 2366 Oak Ridge Circle, De Pere

#### 2019 SCHEDULE

Afternoon 1:30-3:00 Evening 6:00-7:30 Nov 12-Dec 10 Nov 12-Dec 10

### Grief Connection

Grief Connection is a monthly adult grief support group which meets the third Thursday of every month from 1:30 – 3 pm or 6 – 7:30 pm in De Pere. This group provides discussion opportunities on grief related topics relevant to those attending. It is recommended that participants first attend a 5-week session of Navigating Grief.











#### Generations

Hope for Grieving Families

Generations — Hope for Grieving Families is a monthly program for grieving families with children ages 6 – 18. Dinner is served each evening at no charge. Age appropriate groups are held concurrently for adults and children. This program is held on the second Thursday of every month from 5:30 – 7:30 pm in the Green Bay area.

### Understanding Grief

Understanding Grief is a monthly adult grief support group open to any person who has experienced a death. This group provides discussion opportunities on topics which include reactions to grief, memories, coping and adjusting, self-care and finding hope.

#### 1st Wednesday of every month

Wausaukee 10:00 am - 11:30 am Marinette 12:30 pm - 2:00 pm

2nd Wednesday of every month Sturgeon Bay Noon - 1:30 pm

4th Wednesday of every month Gillett Noon - 1:30 pm

### Women's Luncheon

Women's Luncheon is a monthly opportunity for grieving women to gather for informal conversation and support. This luncheon is held on the third Wednesday of every month from noon to 1:30 at a local Green Bay area restaurant. Lunch is available for purchase off the menu.

### Healing Thru the Arts

Healing Thru the Arts is a monthly creative grief support group for adults who have experienced a death and wish to create a memorial project while engaging in discussion. No art expertise needed, guidance and support provided. This group meets the fourth Thursday of every month from 10 am – noon or 2 – 4 pm in De Pere.

Registration required 920.338.1111 or 800.990.9249

All groups are open to any member of the community.